

# Mighty Mac Swim

## Game-Day Packing Suggestions

**IMPORTANT:** Don't forget to bring ...

- Your wetsuit (worn peeled down to your waist is encouraged)
- your buoy/dry bag
- Your goggles
- Needed items from your packet (timing chip anklets, swim cap, rescue whistle, finish line refreshment voucher).

Following are additional items to consider taking with you and to carry in your Buoy/Dry Bag (for the swim) or in a tagged bag (to be shuttled for you from check-in to the finish line):

### For Buoy/Dry Bag

- Nutrition
- Goggles (extra pair)
- Neoprene cap (to wear under the latex cap provided you in your packet)
- Neoprene booties and/or gloves (non-webbed)
- Surf shoes for starting and/or finishing the swim (these are rocky areas).
- Wetsuit safe lubrication

### For Tagged Bag

- Towel
- Change of clothes (don't forget your red Veteran Swim Team attire!)
- Jacket
- Solar blanket (for warmth)
- Blanket or lawn chair (for picnic in park)
- Cell phone (carry in buoy/dry bag if using application for real-time tracking)